



Boston Temple Volunteer Site

By: Aarti Aswani, Leo
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Lifeboat Boston

- Fenway community outreach program dedicated to showing Christ's love for those in need through service.
- Mission:
 - Help meet essential needs of neighbors in community without regard to race, gender, creed or sexual orientation
- Partnered with Lovin' Spoonfuls and opened Lifeboat Food Pantry on October 21, 2017
- Provides nutritious and healthy food every Thursday from 5pm-7pm for those experiencing food insecurity in the neighborhood.





**FRESH
FOOD
PANTRY**

EVERY THURSDAY
5:30-6:45 pm

LifeboatBoston@gmail.com
facebook.com/LifeboatBoston

Available to all
in Boston that
are experiencing
food insecurity



COVID-19 Response

Response outline taken from their Facebook page:

- Lifeboat Food Pantry will continue to serve our neighbors who are food insecure during these uncertain times.
- We have modified our services offering fresh, pre-bagged food in a door-dash format and extended our hours to adhere to social distancing guidelines.
- We are now open each Thursday from 3:00 – 6:00 pm.
- Please come with a Photo ID and be prepared to take 1-2 bags of pre-bagged food.

Personal Experiences - Nick Lozoponi

- 6 Visits (3-5pm, 5-7pm)
- Volunteer Work: food preparation, pantry organization, refrigeration in the pantry, and serving food
- General Experience:
 - Great welcome back into volunteering
 - Lots of kind, dedicated people
 - Constantly improving their system to most benefit their community
 - Have to be a lot more creative and thoughtful when approaching a problem
- Memorable Figures: Marlin, Nancy, Orlando
- Advice:
 - Don't be shy, jump into it

Paper #2 - Nick Lozoponi

- Topic: Motivators & Demographics of Young, Permanent Volunteers
 - Analysis of different motivators
 - Occasional volunteers value benefits for one's own well-being more than permanent volunteers
 - Benefits for own well-being included motivators to feel less lonely and to get through one's own problems
 - Still some argument about altruism as a key motivating difference between permanent and occasional volunteers
 - Religious organizations tend to have the highest participation amongst young volunteers

Personal Experiences - Leo Waltermann

- 5 Visits
- Volunteer work: Door duty, set-up, distribution, sorting food
- Memorable figures: Marlin, Glacier
- What I learnt from this experience
 - Behind the scenes
 - Logistic requirements
 - Super easy to get involved

Paper #2 - Leo Waltermann

- Paper #2 looked at the food insecurity increasingly faced by senior citizens
- This related to the volunteer site because most people served were older

Personal Experience - Aarti Aswani

- 6 visits; (4pm-6pm), went early once from 3pm-5pm
- Volunteer work
 - organized pantry, helped in food preparation, operated check-in, and food distribution.
- Memorable figures: Nancy, Glacier, and Marlin
- Variety of different produce every week
- Numbers of members keep increasing
- Volunteers always welcome to help out

Paper #2 - Aarti Aswani

- Topic: Demographics and Volunteerism
 - Senior citizens facing food insecurity (retirement)
 - Demographics: those that are of mixed races and face low income
 - Women tend to face food insecurity more than men
- Volunteerism
 - Those that are facing food insecurity also devote time to volunteer
 - Usually help out with translation
 - Receive benefits for helping out
 - Have motivation to devote their time to society and give back

Recommendations for Boston Temple

- Increase marketing techniques to those around that are in need of assistance.
 - Improve online presence by increasing social media communications and establishing a website.
- Ask current members to maybe help out with preparation and translation while also receiving the benefit of getting fresh food.
- Have a more formalized roster to track when volunteers would be available
 - Better organization and efficiency
- Source food which is more aligned with seniors diets
 - High nutrients/avoid high calorie foods



Thank You

