

Keep Children Focused

COMMUNITY LEARNING 2 & 826 BOSTON



When I was volunteering for 826 Boston, I found that many children couldn't learn very efficiently because they couldn't concentrate.

Many times, we will find that it is very difficult for children to focus on learning, and distraction can make children's learning efficiency become low. Here are some tips, which can help to be better focused on learning.

How to let children concentrate on learning

TIP 1 – DO ONE THING AT A TIME

For many students, multitasking is not their friend. Jumping between tasks causes any momentum to be lost.

TIP 2 – BREAK THINGS DOWN

Breaking down large assignments into smaller tasks can help improve focus by making things more manageable to tackle.

TIP 3 – MAKE A LIST OF GOALS

Sometimes, it's not that students can't focus—it's that they don't know what to focus on. (<https://www.oxfordlearning.com/how-to-help-child-focus-in-school/>)