

## Food Access Lesson Plan (11/16)

### Presentation Link

Zoom meeting invite:

Join Zoom Meeting

<https://northeastern.zoom.us/j/97453671360>

### Script Link

Topic	Detail	Learning Style/Activity	Time	Materials	Zoom planning
What is food access? (By the end of section students will be able to define food access and recognize why it is an issue) Ben	How does where you live and your socioeconomic status impact not only how much food you can access, but the nutritional aspects of your food	Ice breaker questions: -Have you eaten a fruit or vegetable in the past week? (Stand up/Sit Down question) -If yes, do you know where it came from? -How easy/hard is it to get fresh fruits/ veggies? - Does this impact other aspects of life?  -Use Kahoot for pre-assessment  Presentation with pictures, videos, headers	20 min	<a href="https://www.ers.usda.gov/topics/food-choices-health/food-access/">https://www.ers.usda.gov/topics/food-choices-health/food-access/</a>  <a href="https://www.youtube.com/watch?v=9gel4hCtsR4">https://www.youtube.com/watch?v=9gel4hCtsR4</a>	-Nancy will screenshare slides presentation -Everyone introduces themselves -Ice breaker done by everyone (we participate as well) (stand up sit down to encourage everyone to turn on camera) -Nancy screenshares kahoot pre-assessment, Ben runs kahoot game (after video) -Ben presents food access slides
What does food access look like in Boston? (Bella)	-What are some issues that are common in large cities that worsen food insecurity? -What areas of Boston have higher and lower access to food? -Who is the most vulnerable in Boston's population? -Broaden to food	Zoom polls: Following presentation of info: -How many people in Boston live below the poverty line?  Google slide presentation	15 min	<a href="https://www.vitalvillage.org/data-dashboard/food-access">https://www.vitalvillage.org/data-dashboard/food-access</a>	-Bella presents slides -Zoom poll question after stats slide: How many people in Boston live below the poverty line?

	access in Boston as a whole with less focus on specific areas				
How has the pandemic affected food access? (Asia)	What issues have people faced relating to food accessibility during the pandemic, and how have organizations tried to combat these issues?	<p>Google slides presentation</p> <p>Chart using stats regarding poverty/people on food stamps/etc. Pre covid vs now</p>	10 min	<a href="#">Food Insecurity Has Doubled During the Pandemic: Data, Insights and Policy Solutions</a> (possible data for chart)	<p>-Asia presents slides</p> <p>-Poll question: How has COVID-19 impacted food insecurity</p> <p>-By the end of this section they will have learned the negative effects of the pandemic &amp; the restrictions it caused</p>
What can be done to mitigate food access issues? (Nancy)	What nationwide programs exist to combat food access issues? What is the government doing about the problem?	<p>Google slide presentation</p> <p>Small group discussions (one of us in each breakout group to lead the discussion):</p> <ul style="list-style-type: none"> <li>-What programs exist to alleviate these issues?</li> <li>-What do you think are ways to help? (follow by sharing some kid-friendly options for getting involved)</li> <li>- what are some ways to help out your community during the pandemic?</li> </ul>	15 min	<a href="https://www.ers.usda.gov/topics/food-choiceshealth/food-access/">https://www.ers.usda.gov/topics/food-choiceshealth/food-access/</a>	<p>-We will divide the class into four small groups, with one of us in each group. We will ask them what they think can be done to mitigate food access</p> <p>-Afterwards, Nancy will present the last slide with ideas on how mitigate food access</p> <p>-We will sum it up by asking them if they have any questions about the presentation</p>