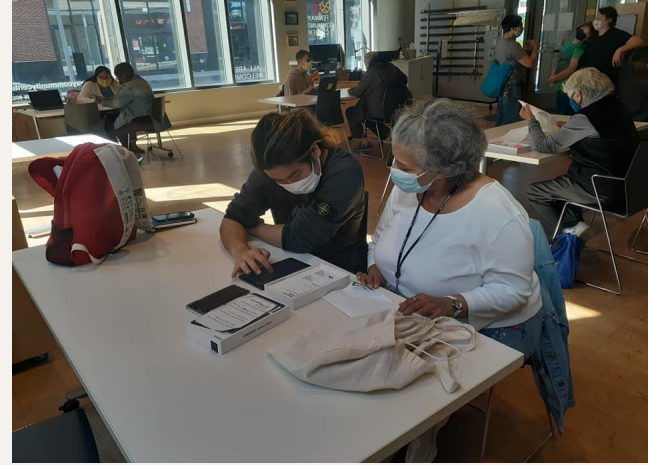


Little Brothers Friends of the Elderly



Brian Chong, Ariel Mahler, Lin Zhang

Presentation Overview

Disciplines Perspective

Little Brothers - Friends of the Elderly CitySites

- *St. Botolph CitySite*
- *St. Peterborough Tech Cafe*

Impact & Plan for Sustaining

Conclusion

Additional Questions



“Little Brothers-Friends of the Elderly is a national network of non-profit volunteer-based organizations committed to relieving isolation and loneliness among the elderly.”

Discipline Perspective

Lin

Cell and Molecular Biology & PreMed

- Mental health is correlated with physical health
- Students as a part of the healthcare force

Ariel

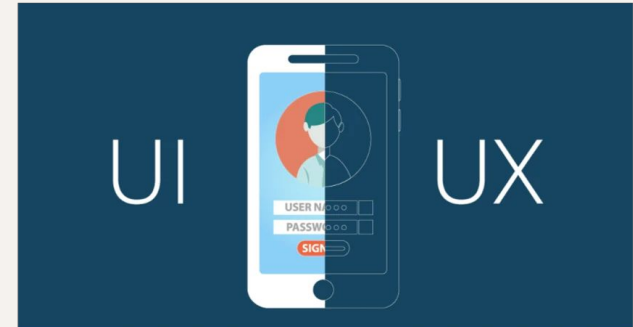
Computer Engineering/Computer Science

- UI Design and working with seniors
- Tech use between generations.

Brian

Biochemistry & PreMed

- Understanding more about the biochemistry of the brain
- Addressing the gap between older and younger people



St. Botolph CitySite

Increasing integration of the elderly into the community

Assets

- Community room inside the apartment building with tables and chairs
- Board games and puzzles
- Government grants

Constraints

- Lack of program coordinator
- No wifi/TV
- Language barrier



St. Peterborough Tech Cafe

Assisting seniors with devices like cell phones and computers.

Assets

- Safe Space to work
- Younger Family/Friends
- Internet!

Constraints

- Transportation
- Base Understanding
- Limited Tech Resources



Intervention

- Built friendships with the elderly
 - active-listening
- Provided a safe space to share feelings and ideas
 - Judgement-free, providing reassurance
- Helped solve immediate problems with devices
- Fostered an interest in/improved understanding of technology in the elderly

Impact and Plan for Sustaining

Measuring Impact

- How do you feel about participating in the program?
- What other activities would you like to see?
- Has your opinion of technology changed?

Sustainability

Holiday Cards

- Occasional greetings on Thanksgiving, Christmas, birthdays
- Making them feel remembered & connected

“Yellow Pages”

- Instruction book for use of tech devices
- Create help in a pre-existing medium
- Device-Specific



In Conclusion...

- Seniors show immense appreciation for student volunteers
 - Empowering seniors to build connections, increasing their independence, bridging the gap between the elderly and the young
 - LBFE's impact on the elderly
 - Lessons for the healthcare system
 - We can pursue more opportunities like this in the future
-

Questions?
