



EHDOC SERVICE-LEARNING PRESENTATION

Team Members:

- Rehan Ahmed
- Shubhada Anand Avahad
- Danielle Brucato
- Ryan Lackey
- Daniel Ordonez

Point of Contact: Tracy Campbell

Advisor: Professor John Bleakney

Service-Learning TA: Mia St. Angelo

PROJECT
SPONSOR:
ELDERLY
HOUSING
DEVELOPMENT &
OPERATIONS
CORPORATION

- Non-profit organization that focuses on providing affordable housing to low-income senior citizens (age 62-90s)
 - Prevents transfer to nursing homes
 - 4,800 apartments in 14 states
 - Local Communities: Charleston & South Boston
- Hosts several programs that educate and care for their residents
- Charleston community is diverse, with the various groups having different interests
 - Require Cantonese and Albanian translations





MISSION STATEMENT

- **EHDOC** develops and manages safe, secure, and affordable housing for senior citizens across the United States and Puerto Rico.
- **EHDOC** advocates for the highest quality of life for the seniors of today and tomorrow.

PROJECT PURPOSE

*The surveys must be engaging, easily legible (large font), and simple to complete.

Create 2 surveys for the elderly to find what they would like implemented in EHDOC and help the organization promote independent living and life enrichment for seniors in their residences, particularly those with limited resources.

1 survey on **services** to satisfy their **needs**

1 survey on **program/activities** they are interested in participating in

TRIPLE CONSTRAINT



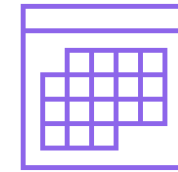
Scope

Create surveys to assess the interest in needs/services and programs/activities to be organized for EHDOC residents.



Cost

EHDOC is a nonprofit organization and will **not** be funding this project.
Only monetary costs will be for activities Tracy will be organizing herself which need supplies.



Schedule

Complete & deliver surveys before the end of semester.
(April 10th, 2022)

NEEDS AND SERVICES

Group: Danielle, Shubhada

- Requested to analyze the medical and personal needs of elders and research new emerging health topics of interest

CATEGORIES:



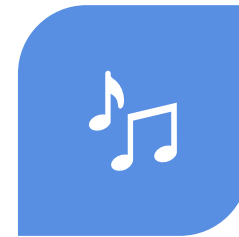
FOOD



HEALTHCARE



HOUSEHOLD



ENTERTAINMENT



PERSONAL
MANAGEMENT



Needs & Services Survey

Please check off any of the items below you may be interested in:

FOOD

- Cooking Instructions
- Grocery Delivery
- Recipe Ideas
- Healthy Diet Information
- Hydration Information
- Pre-made Meal Delivery

HEALTHCARE

- Skin Treatment
- Vision/Hearing Assistance
- Pain Management
- Counseling
- Diabetes Care
- Sleep Apnea Information
- Emphysema – COPD Information
- Physical Therapy

HOUSEHOLD

- House Cleaning
- Laundry Service
- Reorganization/Decluttering

ENTERTAINMENT

- Social Interaction
- Books
- Movies/TV
- Internet

PERSONAL MANAGEMENT

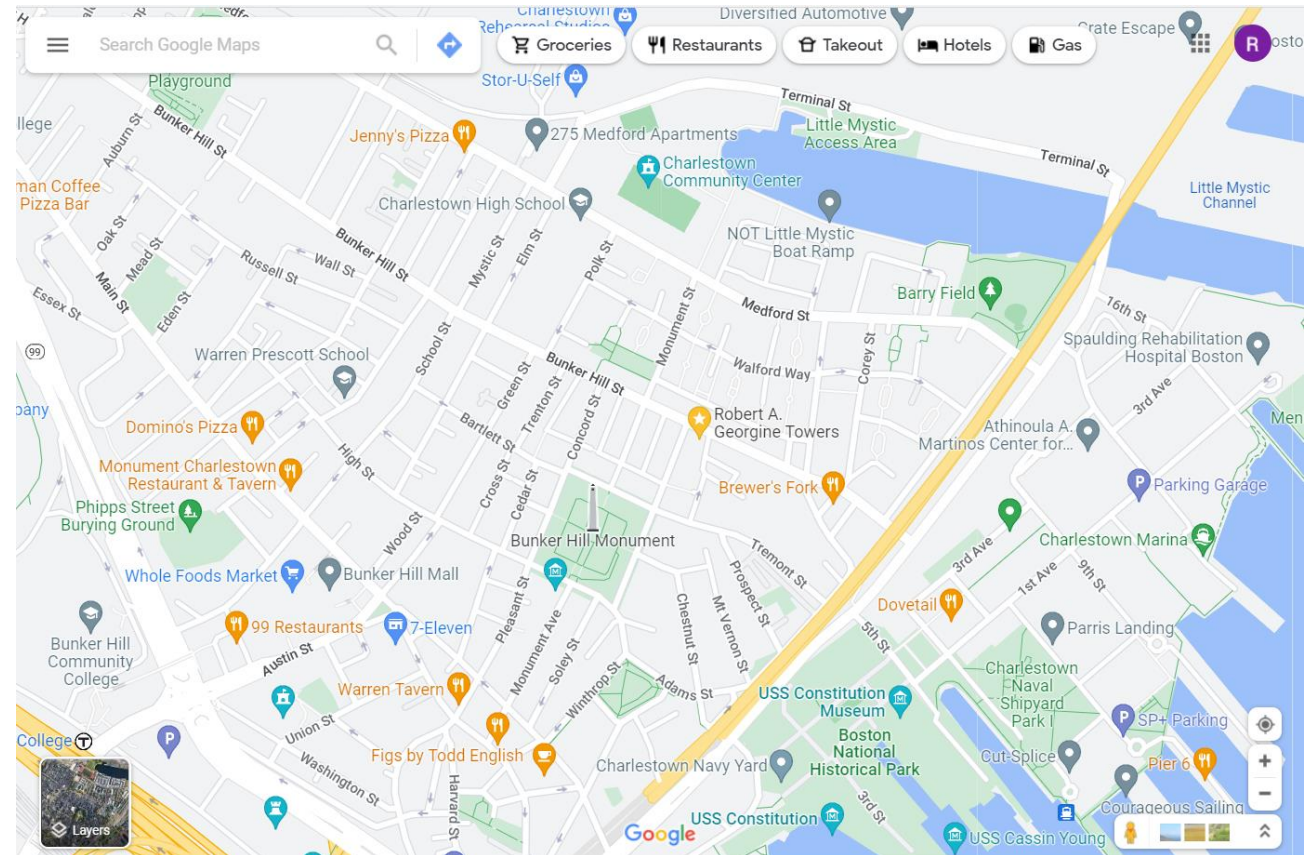
- Transportation Services
- Accessing Government Resources
- Mobile Lifeline
- Budgeting Money
- Medication Management
- Assistance with Technology

NEEDS & SERVICES SURVEY

PROGRAMS & ACTIVITIES

Group: Ryan, Daniel, Rehan

- Make a survey focusing on the programs and activities that could be of interest to the elderly community
 - Free
 - Low-intensity activities
- Options had to be relevant, promote good practices, and should be at most 2 miles away
 - Ideally have a contact method for Tracy
- Loneliness was a major issue experienced due to covid



PROGRAM & ACTIVITY TOPICS



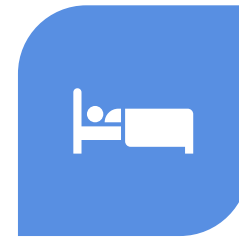
GROUP GAMES AND
EVENTS



OUTDOORS



ARTS



RELAXATION



LEAVE OPEN ENDED
RESPONSES FOR
ADDITIONAL IDEAS

PROGRAMS & ACTIVITIES SURVEY

Programs and Activities Survey

Instructions

Below is a list of subjects, and options within those subjects in boxes. Check any boxes that have options you are interested in, up to the specified number in parentheses (example- choose up to 3 means you can choose 3 or less boxes.) If multiple options are chosen in a subject, please write your favorite option on the line below "Favorite option?"

Games/Entertainment (choose up to 3)



- Bowling
- Cards
- Bingo
- Mahjong
- Sports viewing parties
- Movie Night
- Live Music

Favorite option?

Outdoor Activities (Choose up to 2)



- Gardening
- Kite Flying
- Bird Watching
- Nature Walking

Favorite option?

Market



Favorite places to shop at?

Physical Activity



- Chair Yoga
- Stretching
- Tai chi
- Dancing

Favorite option?

Arts and Humanities (Choose up to 3)



- Book Club
- Museum
- Singing/Choir
- Arts and Crafts
- Aquarium
- Painting
- Knitting
- Theatre

Favorite option?

Relaxation



- Aromatherapy
- Meditation
- Deep Breathing

Favorite option?

TRANSLATIONS



Anketa e Nevojave dhe Shërbimeve

Ju lutemi kontrolloni ndonjë nga artikujt e mëposhtëm për të cilin mund të jeni të interesuar:

USHQIMI

- | | |
|--|---|
| <input type="checkbox"/> Udhëzime gatimi | <input type="checkbox"/> Informacion mbi hidratimi |
| <input type="checkbox"/> Dorëzimi i ushqimeve | <input type="checkbox"/> Dorëzimi i ushqimit të përgatitur paraprakisht |
| <input type="checkbox"/> Ide për receta | |
| <input type="checkbox"/> Informacione për një dietë të shëndetshme | |

KUJDESIT SHËNDETËSOR

- | | |
|---|---|
| <input type="checkbox"/> Trajtimi i lëkurës | <input type="checkbox"/> Informacione për apnenë e gjumit |
| <input type="checkbox"/> Ndihma për shikim/dëgjim | <input type="checkbox"/> Informacioni i emfizemës – COPD |
| <input type="checkbox"/> Menaxhimi i dhimbjes | <input type="checkbox"/> Terapi fizike |
| <input type="checkbox"/> Këshillim | |
| <input type="checkbox"/> Kujdesi për diabetin | |

FAMILJA

- | | |
|--|---|
| <input type="checkbox"/> Pastrim shtepie | <input type="checkbox"/> Riorganizim/Dakluterim |
| <input type="checkbox"/> Lavanderi | |

ARGËTIM

- | | |
|---|-----------------------------------|
| <input type="checkbox"/> Ndërveprimi social | <input type="checkbox"/> Filma/TV |
| <input type="checkbox"/> libra | <input type="checkbox"/> internet |

MENAXHIM PERSONAL

- | | |
|--|--|
| <input type="checkbox"/> Shërbimet e Transportit | <input type="checkbox"/> Menaxhimi i mjekimit |
| <input type="checkbox"/> Qasja në burimet e qeverisë | <input type="checkbox"/> Asistencë me teknologji |
| <input type="checkbox"/> Paratë e buxhetimit | |
| <input type="checkbox"/> Mobile Lifeline | |

计划和活动调查

指示

以下係主題列表，以及呢啲主題中嘅選項。選中包含您感興趣嘅選項嘅任何框，最多嘅括號中指定數量（例如-最多選擇3表示你可以選擇3個或更少嘅框。如果睇一個主題中揀咗多個選項，請在"收藏選項"下方嘅行上寫下你鍾意嘅選項？

遊戲同娛樂（最多選擇3個）



- | | |
|-------------------------------|---------------------------------|
| <input type="checkbox"/> 保齡球 | <input type="checkbox"/> 體育手錶派對 |
| <input type="checkbox"/> 打牌 | <input type="checkbox"/> 電影之夜 |
| <input type="checkbox"/> 寶果遊戲 | <input type="checkbox"/> 現場音樂表演 |
| <input type="checkbox"/> 麻雀 | |

揀你最鍾意嘅選項?

戶外活動（選擇2個選項）



- | | |
|------------------------------|----------------------------------|
| <input type="checkbox"/> 園藝 | <input type="checkbox"/> 觀鳥 |
| <input type="checkbox"/> 放風箏 | <input type="checkbox"/> 在大自然中漫步 |

揀你最鍾意嘅選項?

Algerian

Cantonese

KEY TAKEAWAYS

1

Working closely on the needs of elders and being empathetic towards their needs

2

Exploring the possible events and activities in Charlestown for EHDOC

3

Getting the opportunity to working with different community partners

4

Facing challenges as a team

5

Understanding how covid impacted the elders

QUESTIONS?

Thank you to our sponsor, EHDOC

