## Sober Living Homes



We understand that seeking a sober home can be a challenging decision. At Ruths Way, we offer a supportive and safe living environment that supports you through the recovery process and promotes long-term sobriety.



## Services and Resources

Our sober home offers a variety of services and resources to support your journey including:

- counseling and therapy services
- regular group support meetings
- assistance with employment and education
- access to community resources and support networks

## Community and Accountability



We believe in the power of community and accountability to support long-term recovery. Rules and guidelines help to create a structured and supportive living environment and our residents are encouraged to:

- attend regular meetings
- participate in activities and events
- contribute to household responsibilities
- support each other in recovery



## Benefits

You can experience a range of benefits that can help to support your long-term sobriety through:

- a safe and supportive living environment
- access to a community of peers also in recovery
- resources and support from various sources
- increased accountability and structure
- opportunities for personal growth and development

We are here to support you on your journey toward

sobriety! If you are interested in our sober home please contact us <a href="mailto:@ruthswayforwomen@gmail.com">@ruthswayforwomen@gmail.com</a>