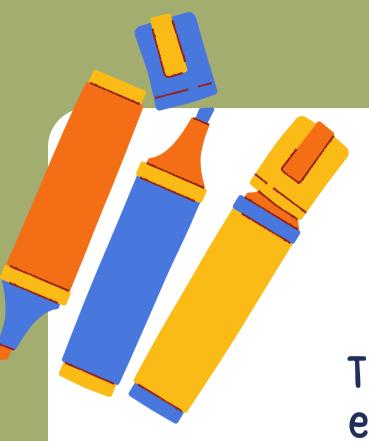
Program Proposal

CONFIDENCE & SELF-ADVOCACY

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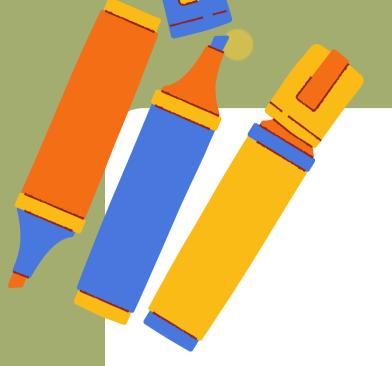


Our Proposal

The goal of our project proposal is to create an environment for children at community centers, schools, and after-school programs to build confidence, have a place to learn self-advocacy, and form a support system

This program will act as a form of counseling. However, it will be promoted as a less formal type of counseling so that children are not intimidated by the idea and are more likely to come





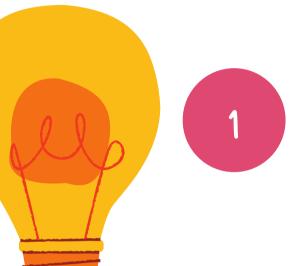
WHY?

- We recognize children might not have a home or certain classroom environments where they feel they can ask (what they perceive to be) personal, awkward, or intimidating questions
- Our hope is to give advice on these questions, create a safe space to talk openly, and ultimately build the child's confidence to ask difficult questions in future environments or help answer such questions for others who might be in a similar situation





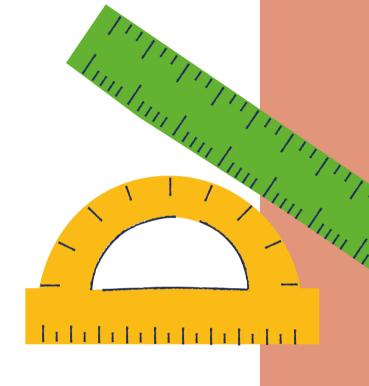
HOW WILL WE GET THERE

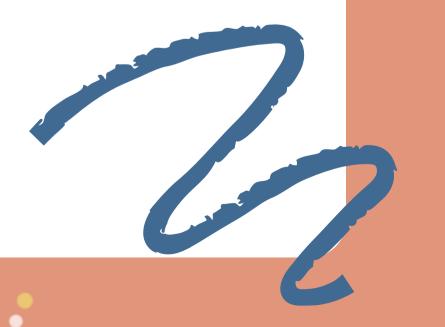


Students will have the opportunity to choose what environment feels safest for them



There is not one specific location for the program; it will be offered within all community centers, schools, and after school programs





WHAT WILL YOUR PROGRAM DO TO ACHIEVE THIS GOAL

- We will provide group and individual opportunities to those in need
- This will allow people to speak up and converse at their own comfort level in an environment that speaks to them
- Students will have the opportunity to ask questions, talk about difficult topics, and express their feelings
- For example, leaders will demonstrate ways to approach people when students have questions or problems they need help with



SETTING

- This program will take place in a quiet, comfortable, and inclusive room/environment
- Children will be able to choose the group they want to work with; they will have the opportunity to work 1 on 1 with a tutor, work in a small group with other children, or even work with their family to feel more comfortable
- This program will run inside of or as part of the service learning locations
- Our program engages with its setting by providing a safe space within already established locations where children will be







WHY WOULD ANYONE JOIN YOU ON YOUR JOURNEY?



What's in it for them?

The opportunity to build their confidence will encourage children to advocate for themselves in the real world and be able to develop abilities that will help them in the future. They will be able to utilize their newfound knowledge from this lesson in future classrooms, jobs, and scenarios





HOW WILL YOU KNOW THE PROGRAM'S SUCCESS?



1 Feedback box for students to contribute

Optional confidential survey will be handed out at the end of each session



We'll encourage students to come back to strengthen their confidence and selfadvocacy level. This will allow us to track their growth

DATA WE WILL SEEK

When kids come back to their next meeting and talk about how they achieved the goals we set in the previous meeting

Keep track of their grades and if they're improving in their classes; this can be an indication of struggles or improvements with mental health

ENGAGE STAKEHOLDERS

Depending on how comfortable the student is, we'll ask teachers, parents, and volunteers, if they have seen any improvements in children's confidence and self-advocacy both inside and outside the classroom

Teachers interact with the student every day in the classroom, parents are interested in their children's well-being, and volunteers see the students after-school





